Habits of Mind
Patterns of thinking that lead to productive action

* Persisting
* Thinking and communicating with clarity and precision
* Managing impulsivity
* Gathering data through all senses
* Listening with understanding and empathy
* Creating, imagining, innovating
* Thinking flexibly
* Responding with wonderment and awe
* Thinking about thinking (metacognition)
* Taking responsible risks
* Striving for accuracy
* Finding humor
* Questioning and posing problems
* Thinking interdependently
* Applying past knowledge to new situations
* Remaining open to continuous learning

Seven Habits of Happy Kids
Taking charge and balancing your life

1. Be Proactive
   You’re in charge
2. Begin with the End in Mind
   Have a plan
3. Put First Things First
   Work first, then play
4. Think Win-Win
   Everyone can win
5. Seek First to Understand, Then to Be Understood
   Listen before you talk
6. Synergize
   Together is better
7. Sharpen the Saw
   Balance feels best